## Welcome to the Oasis Spa

Experience the tranquility of our unique Day Spa, tailored for serenity and complete relaxation. We pride ourselves on providing the most relaxing and rejuvenating environment for our clients.

Our professional team is ready to help you look and feel revitalized and refreshed from head to toe with luxurious facials, relaxing massages, medical aesthetic and wellness services, and pampering manicure and pedicure treatments.

MediSpa services are provided by Ashley Summers, Nurse Practitioner Injector.

## Policies and Suggestions

For the most pleasurable spa experience.

- We recommend arriving at least 10 minutes prior to your scheduled appointment so you can relax and make the most of your treatment. Remember to drink plenty of water before and after Spa services.
- The Oasis Spa is a cell phone-free zone. To maintain a calm and relaxing environment, we ask that cell phones and electronic devices be turned to silent mode during your visit.
- Oasis Spa appointments are available to guests over the age of 16 years.
- A credit card is required to secure massage and facial treatments as well as multiple same-day appointments.
- If you must cancel, please contact the Spa at least 24 hours prior to your appointment to avoid being billed half the service price.
- We are happy to accommodate walk-ins, when available. Rates and hours may change without prior notice. Gratuities are not included in the price of the service and are at the discretion of the client

#### Gift Cards

A little bit of pampering can go a long way to keep you looking and feeling vibrant. Share the experience with someone you care about by giving an Oasis Spa Gift Card.

- Beautifully packaged for someone special.
- Gift Cards are available for purchase at the Club Service Desk, Oasis Spa, or online at www.baptistmilestone.com.
- Gift Cards may be redeemed for Club or Oasis Spa services and products.

#### Connect with Us



(502) 753-7541



spa@baptistmilestone.com



(O) oasisspaatbaptistmilestone



baptistmilestone.com/spa



baptistmilestone membersofmilestone



## Oasis Spa Hours

Monday 9AM - 7PM Tuesday 9AM - 6PM Wednesday 9AM - 8PM Thursday 9AM - 6PM Friday 9AM - 5PM Saturday 9AM - 4PM

The Oasis Spa is open to members and non-members. Located in the Baptist Health/Milestone Wellness Center







# Skin Care Advanced Facial Treatments

	Member	Guesi	
Oasis HydroFacial Deeply cleanses, exfoliates, hydrates, plumps fine lines, improves skin texture and incorporates natural anti-aging serums. The foundation for healthy radiant skin.	175	185	
Oasis HydroFacial Deluxe All of the luxurious benefits of a HydroFacial, with an added neck and decollete tréatment. Includes facial Dermaplaning or Radiofrequency.	275	300	
Oasis HydroFacial with Peel	225	230	
Signature Facials			
European Deep Cleansing	100	105	
Collagen Facial	120	125	
Brightening Facial	125	130	
Rosacea Facial	115	120	
Oasis Custom Facial	120	130	
Oasis Custom Back Treatment	90+	105+	

#### Facial Treatment Add-on Services

Because your skin is unique, talk to your esthetician about upgrading any of your treatments for optimal results.

Dermaplaning	65	70
Cryotherapy/Blue Light	40	45
Customized Add-on Peel	20-50	25-55

#### Customized Skincare Consultation

Your first step to skin health. Your consultation includes a one-on-one analysis with a licensed skincare specialist to identify your skin's needs and help build a personalized regimen to optimize your skin health.

Skincare	Consultation	25	25

Consultation fee applied towards same day product purchase.

#### Skincare and Wellness Retail

- SkinCeuticals Advanced Skincare
- Body Care Essentials
- Cosmetic Bags

- Babor Skincare
- Custom Candles
- Gifts

### **Specialty Facial Treatments**

	Dermaplaning Manual skin exfoliation technique that also removes facial hair, resulting in	95	100	
	smoother skin and brighter glow, with no downtime.  Dermaplaning Deluxe  Dermaplaning service with a facial mask and moisturizing hand and arm massage.	130	135	
	Dermaplaning added to facial	70	75	
	Dermaplaning with Peel	140	145	
	Hydrodermabrasion Crystal-free exfoliation with a hydrating dermal infusion.	150	160	
	Crystal-free exfoliation with a hydrating dermal infusion. Customized Peels Microdermabrasion Available upon request.	75	85	
Brows and Lashes				
	Eyelash Tint Eyebrow Tint Eyebrow Wax	3 <i>7</i> 2 <i>7</i> 20	42 32 22	

#### MediSpa Services

#### INJECTABLES AND DERMAL FILLERS

II (32 CI) (BEEG ) (I (B BEIGH) (E I IEEE KO	
Botox®	12.50/Unit 12.50/Unit
Dysport®	4/Unit 4/Unit
Xeomin⊗	] ]/Unit
Juvederm <sup>®</sup> (Ultra, Ultra Plus, Vollur <del>e</del> , Vobella <sup>®</sup>	675/Syringe 675/Syringe
Juvederm® Volux®	700/Syringe 700/Syringe
Juvederm®Voluma®	800/Syringe 800/Syringe
Restylane®(Lyft, Kysse, Defyne, Refyne)	675/Syringe 675/Syringe
Restylane®Contour	700/Syringe 700/Syringe
Radiesse®	700/Syringe 700/Syringe
Sculptra®	695/vial 695/vial
Kybella	Prices Vary
MICRONIFERING	
MICRONEEDLING Skin Page	205- 205-
SkinPen	325/Treatment325/Treatment

### MediSpa Consultation

Your consultation with Ashley Summers, Nurse Practitioner Injector, will help determine which services are best suited for your goals.

Consultation fee applied towards service

50 50

Member Guest

Earn points with us! We participate in ALLE® and ASPIRE® rewards programs.



## Body Care

Massage			
	Member	Guest	
30 Minutes 45 Minutes	60 70	70 80	
60 Minutes	85	95	
60 Minutes with Cupping 75 Minutes	115 95	125 105	
90 Minutes	110	120	d
Structural Integration	130 100	130	
60 Minutes Manual Lymph Drainage (30-75 minute MLD massage available)	100	110	
*Series pricing available for all massages.			
Body Essentials			
Oasis Custom Back Treatment	90	105	d
Body Polish Deluxe	125 175	135 185	of Person
Includes mini-facial, hand and foot treatment and scalp massage.			
Hand Care			
Shellac Manicure	48 50	50	
Shellac French Manicure Dazzle Dry®Manicure	43	53 45	
Dazzle Dry French Manicure Manicure	48 28	50 30	A
French Manicure	33	35	
Custom Nail Design	5+	5+	
Foot Care			A
Spa Pedicure Dazzle Dry Pedicure	55 63	57 65	
Express Pedicure	43	45	
Dazzle Dry®Express Pedicure	53	55	
FACE Waxing			
Eyebrows	20	22	
One facial area Two-Three facial areas	16 29-4	18 0 31-42	)
BODY			
Underarm	25	27	
Legs I half-full Bikini/Hollywood Bikini		5 39-70 0 37-52	
Back, starting at		55+	
Additional waxing services are available upon request.			