Welcome to the Oasis Spa

Experience the tranguility of our unique Day Spa, tailored for serenity and complete relaxation. We pride ourselves on providing the most relaxing and rejuvenating environment for our clients.

Our professional team is ready to help you look and feel revitalized and refreshed from head to toe with luxurious facials, relaxing massages, medical aesthetic and wellness services, and pampering manicure and pedicure treatments.

MediSpa services are provided by Ashley Summers, Nurse Practitioner Injector.

Policies and Suggestions

For the most pleasurable spa experience.

- We recommend arriving at least 10 minutes prior to your scheduled appointment so you can relax and make the most of your treatment. Remember to drink plenty of water before and after Spa services.
- The Oasis Spa is a cell phone-free zone. To maintain a calm and relaxing environment, we ask that cell phones and electronic devices be turned to silent mode during your visit.
- Oasis Spa appointments are available to guests over the age of 16 years.
- A credit card is required to secure massage and facial treatments as well as multiple same-day appointments.
- If you must cancel, please contact the Spa at least 24 hours prior to your appointment to avoid being billed half the service price.
- We are happy to accommodate walk-ins, when available. Rates and hours may change without prior notice. Gratuities are not included in the price of the service and are at the discretion of the client.

Gift Cards

A little bit of pampering can go a long way to keep you looking and feeling vibrant. Share the experience with someone you care about by giving an Oasis Spa Gift Card.

- Beautifully packaged for someone special.
- Gift Cards are available for purchase at the Club Service Desk, Oasis Spa, or online at www.baptistmilestone.com.
- Gift Cards may be redeemed for Club or Oasis Spa services and products.

Connect with Us



(S) spa@baptistmilestone.com

(O) oasisspaatbaptistmilestone **f** baptistmilestone membersofmilestone

© 750 Cypress Station Drive Louisville, KY 40207

baptistmilestone.com/spa

Oasis Spa Hours

Monday	9AM - 7PM
Tuesday	9AM - 6PM
Wednesday	9AM - 8PM
Thursday	9AM - 6PM
Friday	9AM - 4PM
Saturday	9AM - 4PM

The Oasis Spa is open to members and non-members. Located in the Baptist Health/Milestone Wellness Center



Baptist Health/Mileston wellness center

THE Oasis SPA Menu of Services 502.753.7541

Skin Care Advanced Facial Treatments

	Member	Guest	
Oasis HydroFacial	175	185	
Deeply cleanses, exfoliates, hydrates, plumps fine lines, improves skin texture and incorporates natural anti-aging serums. The foundation for healthy radiant skin.	d		
Oasis HydroFacial Deluxe	275	300	
All of the luxurious benefits of a HydroFacial, with an added neck and decollete treatment. Includes facial Dermaplaning or Radiofrequency.			
Oasis HydroFacial with Peel	225	230	

Signature Facials

European Deep Cleansing	100	105
Collagen Facial	120	12.5
Brightening Facial	125	130
Rosacea Facial	115	120
Oasis Custom Facial	120	130
Oasis Custom Back Treatment	90+	105+

Facial Treatment Add-on Services

Because your skin is unique, talk to your esthetician about upgrading any of your treatments for optimal results.

Dermaplaning	70	75
Cryotherapy/Blue Light	40	45
Customized Add-on Peel	20-50	25-55

Customized Skincare Consultation

Your first step to skin health. Your consultation includes a one-on-one analysis with a licensed skincare specialist to identify the needs of your skin and help build a personalized regimen to optimize your skin health.

Skincare Consultation	25
Consultation fee applied towards same day product purchase.	

Skincare and Wellness Retail

- SkinCeuticals[®]Advanced Skincare
- Body Care Essentials
- Cosmetic Bags

• Gifts

Specialty Facial Treatments

Member Guest Dermaplaning 95 100 Manual skin exfoliation technique that also removes facial hair, resulting in smoother skin and brighter glow, with no downtime. Dermaplaning Deluxe 135 130 Dermaplaning service with a facial mask and moisturizing hand and arm massage. Dermaplaning added to facial 70 75 Dermaplaning with Customized/Light Peel 140 145 Hydrodermabrasion 150 160 Crystal-free exfoliation with a hydrating dermal infusion. SkinCeuticals[®] MicroPeel Improves skin texture and radiance, diminishes fine lines and wrinkles, refines pores, stimulates collagen and reduces the appearance of hyperpigmentation. 95 10.5 Dermaplaning added to SkinCeuticals® MicroPeel 165 180 Brows and Lashes Eyelash Tint 42 37 Evebrow Tint 27 32

MediSpa Services

INJECTABLES AND DERMAL FILLERS

Eyebrow Wax

Botox®	12.50/ Unit
Dysport [®]	4/ Unit
Xeomin®	11.50/ Unit
Jeuveau®	12/Unit
Juvederm [®] (Ultra, Ultra Plus, Vollure [®] , Vobella [®])	675/Syringe
Juvederm [®] Volux [®]	700/Syringe
Juvederm®Voluma®	800/Syringe
Juvederm [®] Skinvive [®]	650/Treatment
Restylane₀(Lyft, Kysse, Defyne, Refyne)	675/Syringe
Restylane _® Contour	700/Syringe
Radiesse	750/Syringe
Sculptra®	695/Vial
Kybella	Prices Vary
MICRONEEDLING	
Radiofrequency (RF) Microneedling	700/Treatment
SkinPen®	325/Treatment

MediSpa Consultation

Your consultation with Ashley Summers, Nurse Practitioner Injector, will help determine which services are best suited for your goals.

Consultation fee applied towards service

Earn points with us! We participate in ALLE® and ASPIRE® rewards programs. Alle



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20

22

30 Minutes 4.5 Minutes 60 Minutes 7.5 Minutes 90 Minutes Structural Integration 60 Minutes Manua (30-75 minute MLD mass

Hime

60 Minutes 75 Minutes 90 Minutes Add-on 1 Area *Series pricing available

> Oasis Custom Bac Body Polish Body Polish Deluxe Includes mini-facial, hand an

Shellac Manicure Shellac French Ma Dazzle DrveManic Dazzle Dry®French Manicure French Manicure Custom Nail Desig

Spa Pedicure Dazzle Drv[®]Pedicu Express Pedicure Dazzle Dry®Expres

FACE Evebrows One facial area Two-Three facial a BODY

 Babor[®]Skincare Custom Candles

25

Body Care Massage

Mussage			
-	Member	Guest	
on al Lymph Drainage	60 70 85 95 110 130 105	70 80 95 105 120 130 115	4
age available)			1
alayan Salt Stone Mas	100 110 120 30	110 120 130 30	
for all massages.			-
Body Essentials ck Treatment e d foot treatment and scalp massage.	90 125 175	105 135 185	
Hand Care			
anicure sure n Manicure gn	48 50 43 48 28 33 5+	50 53 45 50 30 35 5+	
Foot Care			
ure ss Pedicure	55 63 43 53	57 65 45 55	1
Waxing			
areas	20 16 29-40 Prices Vary	22 18 31-42 Prices Vary	1