

Charity Cycling Classes



FEBRUARY 10TH - FEBRUARY 16TH

Monday 9:15am Cycling
Monday 5:30pm Power Cycling L2/L3
Monday 6:30pm Cycling
Tuesday 9:15am Power Cycling L2/L3
Tuesday 5:30pm Power Zone Cycling
Wednesday 6:00am Cycling
Wednesday 8:00am Power Zone Cycling
Wednesday 9:15am Power Zone Cycling
Wednesday 5:30pm Power Cycling L2/L3
Thursday 9:15am Power Zone Cycling
Thursday 5:30pm Power Cycling L2/L3
Friday 9:15am Power Zone Cycling
Friday 10:15am Power Zone Cycling
Saturday 8:15am Power Cycling L2/L3
Saturday 9:30am Power Cycling L2/L3
Sunday 9:15am Cycling

Celebrate heart health month with cycling for a great cause! Monday 2/10- Sunday 2/16, guests can attend any cycling class for a

\$5 donation*

to the American Heart Association.



*** CYCLING CLASSES ARE ALWAYS FREE FOR MEMBERS**

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